



PROVIDER ALERT

Training Series: Skills Building for Children and Adolescents with Disruptive Behavior Disorder November 1, 2019

Alert Summary: This alert announces the new Disruptive Behavior Disorder Modules now available on [Relias](#).

Dear Provider,

Thank you for your continued partnership as we continue to work on improving the quality of behavioral health care in Idaho. We are excited to announce this opportunity for providers to complete this free evidence based training.

The 6-part training series, titled “Skills Building: Children and Adolescents with Disruptive Behavior Disorder” consists of evidence based practice e-learning modules, developed in partnership with the Resource for Advancing Children’s Health (REACH) Institute, to support clinicians and paraprofessionals in the use of a collaborative, skills building approach in working with children and adolescents with disruptive behavior disorder and their families.

The training series is available on-demand via the [Relias](#) e-learning platform and is free of cost to providers. Details of the 6-part training are below.

Optum Idaho: Understanding Disruptive Behavior Disorders in Children and Adolescents (829811)
Optum Idaho: Assessing Disruptive Behavior Disorders in Children and Adolescents (829813)
Optum Idaho: Teaching Skills to Support Children with Disruptive Behavior Disorders (830180)
Optum Idaho: Teaching Skills to Support Adolescents with Disruptive Behavior Disorder (829818)
Optum Idaho: Teaching Skills to Support Parents with Disruptive Children (829810)
Optum Idaho: Teaching Skills to Support Parents with Disruptive Adolescents (829809)

To access the training series on Relias, simply follow these steps:

1. Log into Relias at optumidaho.training.reliaslearning.com.
2. Navigate to the “Assignments” tab on the left hand side of the screen.
3. Click on the green “+ Browse Elective Courses” button close to the top of the screen.
4. Search for “Skills Building: Children and Adolescents with Disruptive Behavior Disorder” to reveal the 6-part training series.

As always, we encourage you to reach out to Optum Idaho Education at optum.idaho.education@optum.com with any additional questions or concerns you may have.

Thank you,
The Optum Idaho Team