



PROVIDER ALERT

New Services Implementation

December 2, 2019

Alert Summary: Three new services will be added to the Idaho Behavioral Health Plan (IBHP), effective January 1, 2020.

Dear Provider,

Thank you for your continued partnership as we work to improve the system of care for behavioral health services in Idaho. Effective January 1, 2020, the services defined below will be added to the IBHP.

1. **Recovery Coaching:** Providers serving peers in a peer based model when the member's primary diagnosis is Substance Use Disorder (SUD) are known as Recovery Coaches. The Recovery Coach serves as a personal guide and mentor for participants in recovery, helping to remove barriers and obstacles, linking participants to services, supports, and the recovery community.
 - a. A Recovery Coach must have one of the following certifications from the Idaho Board of Alcohol/Drug Counselor Certification (IBADCC):
 - b. Certified Peer Recovery Coach (CPRC), Provisional Certified Peer Recovery Coach (PCPRC), Certified Recovery Coach (CRC), Provisional Certified Recovery Coach (PCRC)
2. **Partial Hospitalization:** Partial Hospitalization can be used to treat mental health conditions or substance use disorders, or both; i.e., co-occurring conditions. Partial Hospitalization is a facility-based, structured bundle of services for participants whose symptoms result in severe personal distress and/or significant psychosocial and environmental issues. Partial Hospitalization is appropriate for participants who are experiencing symptoms that can be addressed and managed in a level of care that is less intensive than psychiatric hospitalization but who require a higher level of care than routine outpatient or other intensive services.
 - a. Partial Hospitalization services may be provided by the following contracted professionals within the scope of their practice:
 - Licensed physician; Advanced Practice Registered Nurse; Physician Assistant; Licensed Social Worker; Licensed Counselor; Licensed Psychologist, Psychologist Extender (Registered with the Idaho Bureau of Occupational Licenses); Registered Nurse
3. **Crisis Center Reimbursement:** Optum Idaho will reimburse for Medicaid members served at Regional Crisis Centers. Crisis services include: behavioral health assessment, medical evaluation, treatment/crisis planning, case management/coordination, crisis services, peer support and/or recovery coaching, and referrals. Billing for crisis center services is an all-inclusive encounter code. Providers may not bill other services while a member is in a crisis center. However, the provider will be reimbursed for medically necessary outpatient behavioral health services if the member is seen in the clinic before being seen at the crisis center or after leaving it, even if those services are delivered on the same calendar day.

The updated Level of Care Guidelines are posted on optumidaho.com. The Provider Manual and other relevant documents will be updated on January 1, 2020 to support this service implementation. For questions about these services or other services, please contact your Regional Network Manager.

Thank you,
The Optum Idaho Team