



PROVIDER ALERT

Fee Schedule Updates

December 2, 2019

Alert Summary: This alert details updates to Psychotherapy Crisis, Case Management, Targeted Care Coordination, mileage reimbursement, Recovery Coaching, Partial Hospitalization, and Crisis Center Services, along with other new codes and modifiers.

Dear Provider,

Please see the attached 2020 Optum Idaho Medicaid fee schedule effective **January 1, 2020**. This fee schedule adds Psychotherapy for Crisis Codes, Recovery Coaching and DC 0-5 Infants and Toddlers Assessment, as well as many revisions and additions to Case Management and Targeted Care Coordination. See a summary of the changes below:

- **Psychotherapy Crisis Codes:** 90839 and 90840 to be used by the therapist when seeing a member in a crisis in the clinic setting. These codes cannot be billed while a member is checking into a crisis center, IOP, or Partial Hospitalization.
- **Intensive Home and Community Based Services (IHCBS)-other:** This description has been revised to allow other evidence-based practice IHCBS modalities to be reimbursed instead of only MST, FFT, and MDFT.
- **Functional Assessment Tool (Not CANS):** H1011 is being revised to correct the error from the June 1, 2019 update when the unit was changed to 1 unit = 1 session. The correct unit is 1 unit = 15 minutes.
- **Case Management:** This description has been revised to include care coordination activities. Furthermore, an increased reimbursement rate for master's level professionals has been added to the fee schedule, an independently licensed master's level clinician can now provide Case Management via telehealth, and mileage reimbursement has changed to \$0.58/mile instead of a flat rate fee of \$20.00. *In order to correct the change made in June 2019, Case Management will now be billed as T1017.*
- **Targeted Care Coordination:** This description has been revised to include care coordination activities. Furthermore, an increased reimbursement rate for master's level professionals has been added to the fee schedule, an independently licensed master's level clinician can now provide TCC via telehealth, and mileage reimbursement has changed to \$0.58/mile instead of a flat rate fee of \$20.00.
- **Mileage (90791, 90792, 90846, 90847, 90832, 90833, 90836, 90837, 90838, H0031, H1011, T1017):** The mileage reimbursement has been revised to a per mile reimbursement of \$0.58 instead of a flat rate fee of \$20.00. Codes 90791, 90792, and 90846 have been added to mileage reimbursement, effective January 1, 2020.
- **Recovery Coaching:** This will be a reimbursable service for providers serving peers in a peer-based model when the member's primary diagnosis is Substance Use Disorder (SUD). The Recovery Coach serves as a personal guide and mentor for participants in recovery, helping to remove barriers and obstacles, linking participants to services, supports, and the recovery community.
- **Partial Hospitalization Program:** Partial hospitalization services will be available for reimbursement as of January 1, 2020. Partial hospitalization is a structured program of outpatient psychiatric or substance abuse services as an alternative to inpatient psychiatric care. This treatment is provided during the day and does not require an overnight stay. Services for adolescents are offered separately from services for adults, and each program and its staff must meet the certification and credentialing criteria of the Idaho Department of Health and Welfare. Services must be delivered under the supervision of a licensed



physician. The rev codes for billing this service are 912 and 913, which cannot be paired with any other codes. For more information, please contact your Regional Network Manager.

- **Crisis Center Services:** As of January 1, 2020, Crisis Center services will be available for reimbursement to members requiring this level of care. A Crisis Center is defined as a voluntary outpatient facility operated twenty-four (24) hours a day, seven (7) days a week, and three hundred sixty-five (365) days a year to provide evaluation, intervention, and referral for individuals experiencing a crisis due to behavioral health conditions. The facility may not provide services to a member for more than twenty-three (23) hours and fifty-nine (59) minutes from the time the member arrives at the facility. This service is only offered to adults that are eighteen (18) or older. Furthermore, this service can only be offered in a designated Crisis Center. The code for this service is S9485, which is an all-inclusive code and cannot be combined with other codes. For more information, please see the Crisis Center FAQs.
- **DC 0-5 Infants and Toddlers Assessment:** The Diagnostic Classification 0-5 (DC: 0-5) provides a mechanism similar to the Diagnostic and Statistical Manual of Mental Disorders (DSM) 5, but is specifically designed for children ages 5 and under. Optum will reimburse for master’s level clinicians who already have the Alliance for the Advancement of Infant Mental Health and the Michigan Association for Infant Mental Health (MI-AIMH) endorsement, or who are in the process of obtaining Optum’s training for this endorsement by Zero to Three.

Please see the table below which crosswalks the old and new codes:

Service	Old code	New code (effective 1/1/20)
Psychotherapy for crisis, first 60 minutes.	N/A	90839
Psychotherapy for crisis, each additional 30 minutes.	N/A	90840
Intensive Home and Community Based Services - Other: change in description above	H0037	No change
Functional Assessment (not CANS)	H1011	No change
Case Management	T1016	T1017 with modifiers. Please see the December 1 st , “Case Management Updates” provider alert.
Targeted Care Coordination	T1017	T1017 with modifiers. Please see the December 1 st , “Targeted Care Coordination Updates” provider alert.
Mileage Reimbursement - change from flat rate to per mile, allowing additional codes to be combined with mileage code.	T2002	No change
Recovery Coaching	N/A	H0038-HF
Partial Hospitalization Program	N/A	912 and 913
Crisis Center Services – in a designated Crisis Center	N/A	S9485
DC 0-5 Infants and Toddlers Assessment	N/A	H1011-HA

For details on specific codes or rates, please reference the attached 2020 Optum Idaho Medicaid fee schedule. ACE providers will receive their fee schedule via email from their Regional Network Manager.

Please call your Regional Network Manager or email optum_idaho_network@optum.com if you have any questions.

Thank you,
The Optum Idaho Team

Enclosure: 2020 Optum Idaho Medicaid fee schedule effective **January 1, 2020**