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Relias Spotlight Series

January 2022

RELIAS Spotlight-January

Hello Providers,

Welcome to the Optum Idaho **January Relias Spotlight Series** — a series devoted to offering you access to **free, accessible and continuing education unit-eligible** online education about topics that are important to behavioral health providers.

We appreciate all your work serving members in Idaho. Your work is not easy, and we understand your members face challenges each day that can be overwhelming. This month highlights a heavy topic: Human Trafficking. This topic is important to understand so that we, as a community, can recognize signs of trafficking and understand where valuable resources exist.

What is human trafficking?

Human trafficking involves the use of force, fraud or coercion to obtain some type of labor or commercial sex act. Every year, millions of men, women and children are trafficked worldwide – including right here in the United States. It can happen in any community and victims can be

There is a Crisis and Resource Hotline providing a 24/7 service for emergency telephone crisis intervention, advocacy, resources and direct referrals. Call or text at **(208) 630-6601**.

Direct Victim Services includes case management, crisis intervention, emergency housing, transportation, direct partner referrals and victim advocacy.

In 2020, IATC aided 458 individuals. On a national level, it is understood that self-identifying as a victim of sex trafficking is extremely low. From IATC data, 22.05 percent of individuals self-identified as a victim of sex trafficking.

In addition to these resources, Relias offers FREE continuing education unit courses specifically geared towards your needs. If you would like more information and education around the topic of trafficking and its impact, we encourage you to log into [Relias](#) and search for the following modules:

Human Trafficking: A Growing Epidemic	REL-ALL-0-HTAGE
Understanding Human Trafficking	REL-ALL-0-UHT
Children and Domestic Violence	REL-PAC-0-CDV
Bullying: Strategies for Prevention and Intervention	REL-BHC-0-BSPI
Assessing Risk of Other-Directed Violence in Adults	REL-BHC-0-ARODV
In Session: Practicing Clinical Skills to Prevent Other-Directed Violence in Adults	REL-BHC-0-ISPCSPODVA

Thank you, again, for the work that you do each day with our members so that Idaho can continue to improve access to behavioral health services. Optum Idaho is excited to offer these resources to you.

Sincerely,

The Optum Education and Training Team