

Below is a resource list of evidence-based practices (EBPs) that have shown efficacy in treating trauma in children and adolescents. This list also includes resources to increase skills and knowledge about relevant topics. For additional information and resources (including free online courses), please visit The National Child Traumatic Stress Network ([NCTSN](#)).

<b>Resource</b>	<b>Cost</b> (subject to change)	<b>Age Range</b>	<b>Delivery/ Link</b>
Attachment Disorders: Attachment and Trauma	Free	All	<a href="#">Relias</a>
EBP Series: Adolescent Trauma Webinar	Free	13-17 years	<a href="#">Relias</a>
EBP Series: Child Trauma Webinar	Free	6-12 years	<a href="#">Relias</a>
National Child Traumatic Stress Network Courses	Free	All	<a href="#">Online courses and resources</a>
Parent-Child Interaction Therapy for Traumatized Children through UC Davis	Free	2-7 years	<a href="#">On-demand course</a>
“Real Life Heroes: A Life Storybook” and “Real Life Heroes: Practitioner’s Manual” by Kagan	\$67	6-17 years	<a href="#">Book</a>
Traumatic Stress Disorders in Children and Adolescents	Free	All	<a href="#">Relias</a>
Treating Trauma and Traumatic Grief in Children by Cohen, Mannarino, & Deblinger	\$42	All	<a href="#">Book</a>