



## Relias OHE Website Resources and Tools Language

Optum Idaho offers free, on-demand resources, training, and CME/CEU licensure courses for our provider community and their staff. These online courses are:

- Designed to fit into a busy schedule,
- Won't require travel time or cost,
- Are free of charge within the Optum Network.

**Relias** is an eLearning portal that provides a robust knowledge library of clinical and business courses to all types of clinical and administrative staff. Relias offers a variety of CEU based courses for master's level clinicians and key learning areas aligned with continued education guidelines for certified healthcare para-professionals.

**Optum Health Education** is an eLearning portal that is targeted towards medical professionals (MD, PhD, R.N., P.A.) and offers CME based courses in behavioral health and related learning areas. Network providers can register for a free account at [optumhealtheducation.com](http://optumhealtheducation.com).

Please contact your Network Manager to request a new Relias user account for you or your staff or contact **Doni Otremba** at [doni.otremba@optum.com](mailto:doni.otremba@optum.com)