

Relias OHE Website Resources and Tools Language

Optum Idaho offers free, on-demand resources, training, and CME/CEU licensure courses for our provider community and their staff. These online courses are:

- Designed to fit into a busy schedule,
- Won't require travel time or cost,
- Are free of charge within the Optum Network.

Relias is an eLearning portal that provides a robust knowledge library of clinical and business courses to all types of clinical and administrative staff. Relias offers a variety of CEU based courses for master's level clinicians and key learning areas aligned with continued education guidelines for certified healthcare para-professionals.

Optum Health Education is an eLearning portal that is targeted towards medical professionals (MD, PhD, R.N., P.A.) and offers CME based courses in behavioral health and related learning areas. Network providers can register for a free account at <u>optumhealtheducation.com</u>.

Please contact your Network Manager to request a new Relias user account for you or your staff or contact **Doni Otremba at doni.otremba@optum.com**