



## IDAHO PROVIDER MANUAL UPDATES – October 2021 Edition

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Credentialing and Re-credentialing (page 30)	Optum Idaho does not accept Criminal History Background Check Waivers issued by the Idaho Department of Health and Welfare’s Division of Behavioral Health. For additional information on the Criminal History Background Check Waivers, please refer to <a href="http://healthandwelfare.idaho.gov">healthandwelfare.idaho.gov</a> and view the information titled “Criminal History Background Check Waiver Process.”	In addition, documentation confirming completion of criminal background checks on agency employees, in accordance with Idaho Department of Health & Welfare requirements, may be reviewed during site audits. For more information, visit the <a href="#">Idaho Criminal History Unit Home Page</a> . <u>Please refer to Provider Manual Section 3.6 “Criminal History Background Checks” for information on Criminal History Background Check Waivers/Variations issued by IDHW for Peer Support and Recovery Coaching providers.</u>
Criminal History Background Checks (page 33)	Following 2021 legislative approval of rule changes, Optum Idaho will accept Criminal History Background Check variances issued by the Idaho Department of Health and Welfare’s Division of Medicaid. For additional information on Criminal History Background Checks, please refer to the Provider Manual section titled “Network Requirements,” and for additional information on the Criminal History Background Check variances, please refer to IDAPA 16.03.09.009.	For dates of service July 1, 2021, and later, IDHW’s administrative rule in <a href="#">IDAPA 16.03.09</a> Medicaid Basic Plan Benefits Section 009 Criminal History and Background Check Requirements made a Medicaid variance option available to providers who have applied for but have been denied criminal history check clearance, as set forth in <a href="#">IDAPA 16.05.06</a> , Criminal History and Background Checks. A Medicaid variance allows the provider to deliver Peer Support and Recovery Coaching services only. All other Criminal History Unit (CHU) requirements for prospective providers remain in place, including rules that prohibit enrollment of providers that appear on the Office of the Inspector General’s (OIG) List of Excluded Individuals/Entities, the Idaho Medicaid Provider Outstanding Debt/Termination List, and the Idaho Medicaid Exclusion List. Providers having an existing Background Check Waiver approval letter from the Division of Behavioral Health dated before July 1, 2021, should contact Medicaid at <b>1-866-681-7062</b> if they are interested in providing Peer Support and Recovery Coaching services reimbursed through Medicaid. Providers whose applications for waivers/variances are approved will receive

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		<p>an approval letter from the Division of Behavioral Health documenting their eligibility to provide Peer Support and Recovery Coaching services to Medicaid enrollees. Agencies employing Peer Support Specialists or Recovery Coaches should include Background Check Waiver/Variance documentation in the employee's personnel file, as outlined in the Peer Support Site Audit Tool and the Organizational Provider Site Audit Tool.</p> <p>To learn more about background check waivers/variances and how to apply, please visit the Behavioral Health Service Providers page on the <a href="#">Idaho Department of Health and Welfare</a> website.</p>
Crisis Psychotherapy	Section relocated to Extended-visits Psychotherapy	No new content
Extended -Visits Psychotherapy (page 56)	Revised Content	<p><b>Description</b>  Extended outpatient psychotherapy sessions are medically necessary in the following circumstances as indicated by the member's condition and specific treatment needs:</p> <ul style="list-style-type: none"> <li>• The member has been diagnosed with post-traumatic stress disorder, panic disorder, obsessive compulsive disorder, or specific phobia, and is being treated with prolonged exposure therapies.</li> <li>• The member has been diagnosed with post-traumatic stress disorder and is being treated with eye movement desensitization and reprocessing (EMDR) or traumatic incident reduction (TIR).</li> <li>• The member's borderline personality disorder diagnosis is a covered condition, and the member is being treated with dialectical behavior therapy (DBT).</li> <li>• <u>Crisis Psychotherapy is provided when a member is experiencing an acute crisis, is not at imminent risk of harm to self or others, and psychotherapy for crisis is appropriate for providing rapid and time-limited assessment and stabilization.</u></li> </ul> <p><b>Provider Responsibilities</b>  Extended <u>and Crisis</u> psychotherapy sessions are provided in a manner that is strengths-based, culturally competent and responsive to each member's individual psychosocial developmental and treatment needs.</p>

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		<p><b>Payment Methodology</b> Crisis CPT codes 90839 and 90840 added</p>
<p>Child and Family Team (CFT) Interdisciplinary Team Meeting (page 73)</p>	<p>Person-centered service plans must be facilitated by a Targeted Care Coordinator chosen by the family. Plans for Wraparound members, 20-511A, and persons in the Developmental Disability program are only facilitated by Idaho Department of Health and Welfare. If a family is unsure if they are working with an IDHW case manager, you can contact Medicaid for more information at 1-866-681-7062.</p>	<p>Person-centered service plans must be facilitated by a Targeted Care Coordinator chosen by the family. Families who are working with a case manager with IDHW's Children's Developmental Disabilities Program or CMH for Wraparound or 20-511A do not need a TCC to create their PCSP to remain eligible for YES. If a family has already developed a PCSP or Plan of Service and is actively working with an IDHW Case Manager, they will not need an additional plan developed and are not required to work with a TCC, as it may be considered a duplication of services. However, families working with a Case Manager through IDHW's Child Protection Services (CPS) may also receive TCC, as it is not considered a duplication of services (and TCC is not required for CPS children to maintain YES eligibility). Families have the same access to services, regardless of whether their PCSP or Plan of Service was developed by an Optum TCC or an IDHW case manager. If you are unsure if a family is working with an IDHW Case Manager, you can contact Medicaid for more information at <b>1-866-681-7062</b>.</p>
<p>Respite (page 82)</p>	<p>If a member is eligible for respite through IBHP and Developmental Disabilities (DD) Program, they may receive respite through an Optum network provider and through a DD provider. Respite delivered through each program will have to follow and comply with each program's requirements. For example, YES members will need to have a PCSP that includes respite as a service, observe a hard limit of 300 hours per calendar year, etc.</p>	<p>If a member is eligible for Respite through the IBHP they may receive Respite through an Optum network provider, and their PCSP should include Respite as a service. However, if a family has already developed a PCSP or Plan of Service and is actively working with an IDHW Case Manager, they will not need an additional plan developed and are not required to work with a TCC, as it may be considered a duplication of services. In these situations the member may still receive Respite, but their Plan of Care should include Respite as a service.</p>
<p>Adult Peer Support (page 100)</p>	<p>New content</p>	<p>Please refer to Provider Manual Section 3.6 "Criminal History Background Checks" for information on Criminal History Background Check Waivers/Variations issued by IDHW for Peer Support providers.</p>

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Family Support Services by Certified Family Support Partners (page 101)	New Content	The Criminal History Background Check Variance issued by the IDHW for Medicaid Peer Support and Recovery Coaching providers cannot be used by Youth Support or Family Support providers.
Recovery Coaching (page 104)	New Content	Please refer to Provider Manual Section 3.6 “Criminal History Background Checks” for information on Criminal History Background Check Waivers/Variations issued by IDHW for Recovery Coaching providers.
Youth Support (page 104)	New Content	<p>The Criminal History Background Check Variance issued by the IDHW for Medicaid Peer Support and Recovery Coaching providers cannot be used by Youth Support or Family Support providers.</p> <p>It is recommended, however not mandatory, that the provider of Youth Support be between the ages of 21 and 30. <u>This recommendation is based on the importance of Youth Support providers having the ability to connect with youth on a peer-to-peer level. To maintain best practices for Youth Support services, it is important for youth to find their Youth Support provider relatable. Providers who are interested in earning the Youth Support endorsement are encouraged to consider their connection to youth culture and their ability to relate to youth on a peer-to-peer level.</u></p>
Case Management (page 108)	Revised Content	Youth working with a case manager through the Divisions of Behavioral Health and FACS (i.e. Idaho WInS [Wraparound Intensive Services] plans, 20-511A, and DD) <u>or a Targeted Care Coordinator</u> , cannot receive behavioral health Case Management through the provider network, as this is duplication of services.
Targeted Care Coordination (TCC) (page 111)	Families who are working with a case manager at the IDHW Developmental Disabilities Program or Children’s Mental Health (CMH) for Idaho WInS (Wraparound Intensive Services) plans or 20-511A do not need a TCC or PCSP. Those members will continue to work with their current case manager and develop a PCSP with them. To avoid duplication of services, each member should only have one PCSP that includes services	Families who are working with a case manager with IDHW’s Children’s Developmental Disabilities Program or CMH for Wraparound or 20-511A do not need a TCC to create their PCSP to remain eligible for YES. If a family has already developed a PCSP or Plan of Service and is actively working with an IDHW Case Manager, they will not need an additional plan developed and are not required to work with a TCC, as it may be considered a duplication of

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	<p>accessed through all programs. If a family is unsure if they are working with an IDHW case manager, you can contact Medicaid for more information at 1-866-681-7062.</p>	<p>services. However, families working with a Case Manager through IDHW's Child Protection Services (CPS) may also receive TCC, as it is not considered a duplication of services (and TCC is not required for CPS children to maintain YES eligibility). Families have the same access to services, regardless of whether their PCSP or Plan of Service was developed by an Optum TCC or an IDHW case manager. If you are unsure if a family is working with an IDHW Case Manager, you can contact Medicaid for more information at <b>1-866-681-7062</b>.</p>
<p>Therapeutic After School and Summer Programs (TASSP) (page 122)</p>	<p>Relocated to Programs Section</p>	<p>No new content</p>
<p>Youth Empowerment Services (Yes) (page 135)</p>	<p>Youth Empowerment Services Program of Care and Youth Empowerment Services (YES) Programs sections combined and reorganized under new section titled Youth Empowerment Services (YES)</p>	<p>No new content</p>
<p>Person-Centered Service Plan (PCSP) (page 138)</p>	<p>Families who are working with a case manager at the IDHW Developmental Disabilities Program or Children's Mental Health (CMH) for Idaho WInS (Wraparound Intensive Services) plans or 20-511A do not need a PCSP completed by a TCC. Those members will continue to work with their current case manager and develop a PCSP or Plan of Service with them</p>	<p>Families who are working with a case manager with IDHW's Children's Developmental Disabilities Program or CMH for Wraparound or 20-511A do not need a TCC to create their PCSP to remain eligible for YES. If a family has already developed a PCSP or Plan of Service and is actively working with an IDHW Case Manager, they will not need an additional plan developed and are not required to work with a TCC, as it may be considered a duplication of services. However, families working with a Case Manager through IDHW's Child Protection Services (CPS) may also receive TCC, as it is not considered a duplication of services (and TCC is not required for CPS children to maintain YES eligibility). Families have the same access to services, regardless of whether their PCSP or Plan of Service was developed by an Optum TCC or an IDHW case manager. If you are unsure if a family is working with an IDHW Case Manager, you can contact Medicaid for more information at <b>1-866-681-7062</b>.</p>