



IDAHO PROVIDER MANUAL UPDATES – January 2019 Edition

Section & New Page #	Previous Content	New Content
Glossary of Terms Page 14		Added definition for “The ASAM Criteria”
Idaho Behavioral Health Plan Benefits Page 30		Added sentence: For Substance Use Disorder (SUD) services, Providers utilize <i>the ASAM Criteria</i> . For more information regarding <i>The ASAM Criteria</i> , please visit the following link: asam.org
Affirmative Incentive Statement Page 35		Added ASAM criteria for utilization management
Mental Health Codes Page 42		Added the Mental Health IOP Code to section. Removed code from “Prior Authorization” section (page 49)
Family Psycho-education Page 44	<p>Single Family Psychoeducation</p> <ul style="list-style-type: none"> Requires an independently licensed clinician or an individual with a master’s degree who is able to provide psychotherapy in a group agency under Optum’s supervisory protocol. 	<p>Single Family Psychoeducation</p> <ul style="list-style-type: none"> Requires an independently licensed clinician or an individual with a master’s degree who is able to provide psychotherapy in a group agency under Optum’s supervisory protocol. However, providers working with a single family having many members or complex issues may benefit from a second facilitator.
No Authorization Required Pages 45-47		Moved Intensive Outpatient Description from “Pre-Authorization Required” section to “No Authorization Required” section
Substance Use Disorder Codes Page 47		<p>Renamed section to “Substance Use Disorder Codes”</p> <p>Added SUD IOP Code to section Removed code from “Prior Authorization” section (page 50)</p>



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More Information about Services That Do Not Require a Prior Authorization: Page 48	Providers of basic outpatient services are also expected to submit the Member’s Optum Wellness Assessment and administer the GAIN-I Core for those Members receiving SUD treatment, and document the scores in the medical record.	Removed the word “basic”
Clinical Outcomes Model: ALERT Page 55		Added ASAM Criteria
Utilization Management Guidelines Page 66		Added ASAM Criteria
Treatment Philosophy Page 71		Added The ASAM Criteria
Obtaining Clinical Information to Support Utilization Management Decision Making Page 71-72		Changed “Optum criteria and guidelines” to “Optum Idaho Level of Care Guidelines and The ASAM Criteria”
Level of Care Guidelines Page 72	Our Optum Idaho Level of Care Guidelines is intended to promote optimal clinical outcomes and consistency in the authorization of benefits by Care Advocacy staff and Peer Reviewers. They are available at optumidaho.com for each benefit offered by the IBHP or you may request a paper copy by contacting Network Management at 1-855-202-0983 .	Our Optum Idaho Level of Care Guidelines are intended to promote optimal clinical outcomes and consistency in the authorization of benefits by Care Advocacy staff and Peer Reviewers. They are available at optumidaho.com or you may request a paper copy by contacting Network Management at 1-855-202-0983 .



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<p>Appeal & Provider Dispute Resolution</p> <p>Page 102</p>	<p>Care Advocacy decision-making is based on the appropriateness of care as defined by the Level of Care Guidelines, the Psychological and Neuropsychological Testing Guidelines, as well as the terms and conditions of the Member’s Benefit Plan.</p> <p>The Level of Care Guidelines and the Psychological/Neuropsychological Testing Guidelines for Optum Idaho are available at optumidaho.com. To request a paper copy of these guidelines, please contact Network Management at 1-855-202-0983. All treatment certified by Optum must be outcome-driven, clinically necessary, rational, evidence-based, and provided in the least restrictive environment possible.</p>	<p>Care Advocacy decision-making is based on the appropriateness of care as defined by the Level of Care Guidelines, the Psychological and Neuropsychological Testing Guidelines, The ASAM Criteria, as well as the terms and conditions of the Member’s Benefit Plan.</p> <p>The Level of Care Guidelines and the Psychological/Neuropsychological Testing Guidelines for Optum Idaho are available at optumidaho.com. To request a paper copy of the Level of Care Guidelines, the Psychological/Neuropsychological Testing Guidelines, and/or the applicable section of The ASAM Criteria, please contact Network Management at 1-855-202-0983.</p> <p>All treatment certified by Optum must be outcome-driven, clinically necessary, rational, evidence-based, and provided in the least restrictive environment possible.</p>