

# Optum



## Relias Spotlight Series

February 2023

**What's New:** This month, we will shine a light on classes in Relias regarding protecting you and your member's information.

**Why It Matters:** It's not just companies that need to protect customers' and clients' personally identifiable information (PII) from hackers or unintentional release. It's also the responsibility of providers who work with members to protect their privacy and confidential information when communicating PII and personal healthcare information (PHI). Some examples of PII and PHI include:

- Name
- Address
- Mobile
- Social Security number
- Biometric Identifiers
- Account number
- Recording of a person
- Vehicle or license plate
- Email, Fax & Phone
- Geographic information
- Full Face Photos
- Medical & Health Plan Information

The federal Health Insurance Portability and Accountability Act (HIPAA) protects the confidentiality of individuals who receive medical treatment. HIPAA was expanded in 2000 with the Privacy Rule that set additional standards, including clarifying when therapists and counselors can share treatment information with other care providers and a patient’s family members. It’s also important to understand that HIPAA and privacy rules protect not only people receiving mental health treatment, but also you and your team: the behavioral health professionals who provide the treatment.

Understanding the nuances and requirements of the laws is critical to improving treatment for Idaho Medicaid members by allowing Optum network providers to engage and collaborate with other health care professionals and family members within the requirements of the law.

If you would like to learn more regarding PPI and PHI check out the following courses on [Relias](#).

Class	Course	CEU
<a href="#">Preventing Identity Theft</a>	REL-ALL-SS-PIT	.5
<a href="#">Privacy and Confidentiality for non-HIPPA Covered Entities</a>	REL-SRC-0-PCNCE	.25
<a href="#">Application of HIPAA in Behavioral Health</a>	REL-BHC-0-AHIPAABH	1.75
<a href="#">HIPAA: Privacy Rule</a>	REL-ALL-0-HPRR	.25
<a href="#">HIPAA: Do’s and Don’ts of Social Media and Electronic Communication</a>	REL-ALL-0-HDDSMEC	.5
<a href="#">Security Awareness Training Level I</a>	REL-ALL-CFISA-SATL1	1.0

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