



Relias Spotlight – June 2021

Hello,

This month, we are spotlighting an interview with Joni Hunt, RN, BSN and President of Flourish Point, Inc. in Rexburg, Idaho.

Flourish Point, Inc. was created and established in February 2021 to provide compassionate, evidence-based, accessible, and affordable mental health care and support services for minorities and people who identify (or are questioning) as LGBTQ+ and their families. When asked about the name of her organization, Joni responded with, “Everyone deserves to Flourish!” That is apparent with the services that her organization has focused on providing for the community in Rexburg, Idaho. These services include:

- Subsidized therapy sessions with licensed professionals
- Food Pantry stocked with shelf stable items, sexual health needs and essentials
- A Library containing resources for mental health awareness and affirming books and

films for LGBTQ+ individuals

- Gender Affirming Clothing Closet
- Community Education



While therapy, food, resources, and education seemed like a natural fit for a community agency, we asked “What is the importance of a Gender Affirming Clothing Closet?” Joni stated, “It allows the Trans population specifically as well as others who are questioning their gender, a safe place to go to shop without the worry of stares, negative comments, judgements or harassment.” “A new wardrobe can be very expensive as well.” she added and “this way, individuals can try on clothes, have some fun and take what they need.”



It was apparent throughout our conversation that Joni and her team want all who walk through their doors to feel welcomed, accepted and loved. If you are in the Rexburg area and want to support the *1st Annual Pride Day Event*, it is

scheduled for June 26, 2021 at Porter Park in Rexburg. The agenda for this event will include:

- Luncheon for alumni from BYU Idaho and others in the community
- Registration for the Walk with booths, an Art Show, and various activities
- Program-Speaker from the Flourish in Utah focusing on Mental Health and Awareness
- A Poetry Reading and Color Guard
- The Walk- 45 minutes
- Food Vendors and Live Music

You can find out more about ways to support Flourish Point, Inc and this event at www.flourishpoint.org.

Relias offers free continuing education courses specifically focused on best practices for working with the LGBTQ+ community. If you would like more information and education around this topic, we encourage you to log into [Relias](#) and search for the following modules:

- Working More Effectively with the LGBTQ+ Community REL-BHC-0-WMELGBTQC
- 101 Terms and Skills for Counseling LGBTQIA+ Population REL 1152517
- Behavioral Health Services and the LGBTQ+ Community REL-HHS-0-BHSLGBTQ
- Best Practices for Working with LGBTQ Children and Youth REL-HHS-0-CSBPWCY

Thank you for the work that you do each day with our members so that Idaho can continue to improve access to mental health services in a positive and thoughtful manner. This month is a reminder to be gentle with others as everyone deserves the opportunity to flourish! Optum is excited to offer these resources to you.

Sincerely,
The Optum Education and Training Team